From ALTA:

"Who are you angry at?"

"No one! I'm just angry!" (Zuko)

"Yea but who are you angry at?"

"Everyone! Idk!" (Zuko)

"Sit down"

"No no!" (Zuko)

"Your uncle? Me?"

"No no!" (Zuko)

"Then who? Answer the question zuko, c'mon answer it!"

"IM ANGRY AT MYSELF!" (This line I relate too so much)